FOR IMMEDIATE RELEASE
January 27, 2022

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PITTSBURGH MERCY PARISH NURSE & HEALTH MINISTRY PROGRAM
OFFERS SPIRITUAL DAY RETREAT ON MARCH 5, 2022

This year’s theme is ‘The Great Divide’

PITTSBURGH (January 27, 2022) – The Pittsburgh Mercy Parish Nurse & Health Ministry Program, part of Pittsburgh Mercy and Trinity Health, serving in the tradition of the Sisters of Mercy, will host a spiritual day retreat, “The Great Divide,” from 8 a.m. to 4 p.m. Saturday, March 5, 2022 at the Martina Spiritual Renewal Center, 5244 Clarwin Avenue, Pittsburgh, PA 15229 (West View).

The retreat begins with a leisurely continental breakfast at 8 a.m., followed by the opening session at 9 a.m. The retreat ends at 4 p.m. A simple lunch with minimal talking will provide attendees with time and space for self-reflection and prayer. This retreat serves as a time away from personal and professional responsibilities, especially as the season of Lent begins. Attendees are invited to a time of prayer, solitude, quiet reflection, learning, and fellowship.

The theme for this retreat, “The Great Divide,” is a perfect lead into the Lenten season. With the divide in our nation, in our families, and in our own hearts, the retreat will explore how to minister in this climate. Individual spirituality guides people to long for understanding, and yet understanding is inextricably tied to listening.

The retreat will be facilitated by JoAnn Paradise, D.Min, a frequent retreat presenter at Martina. She has been a teacher, catechetical administrator, director of parish ministerial life and spiritual formation, and national catechetical consultant for OSV (Our Sunday Visitor Publishing Co.).

“JoAnn is a woman of faith with a wealth of knowledge and ministry experience that she brings to all her retreats and programs,” said Amy Armanious, a health ministry specialist serving with the Pittsburgh Mercy Parish Nurse & Health Ministry Program.

The cost of the retreat is $55 per person. The cost is an extra $40 for attendees who choose to stay overnight on Friday (dinner on your own with the Pittsburgh Mercy Parish Nurse team), which is paid directly to the Martina Spiritual Renewal Center. Space is limited for overnight

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accommodations, so early registration is encouraged. Handicap accessibility and special dietary needs are noted on the registration form. Partial scholarships are available upon request by calling the Pittsburgh Mercy Parish Nurse Office at 412-232-5815. Visit our website for more retreat details at https://www.pittsburghmercy.org/faith-communities/education/#day-retreat.


Please note that we will follow COVID-19 protocols as recommended by the Centers for Disease Control and Prevention (CDC), Pennsylvania Department of Health, and Allegheny County Health Department, including masking, hand sanitizing, and physical distancing. Please check the Martina Spiritual Renewal Center website for specific COVID-19 guidance.

For more information, contact Amy Armanious, health ministry specialist, Pittsburgh Mercy Parish Nurse & Health Ministry Program, at ParishNurse@pittsburghmercy.org or 412-232-5815.

About the Pittsburgh Mercy Parish Nurse & Health Ministry Program
The Pittsburgh Mercy Parish Nurse & Health Ministry Program, part of Pittsburgh Mercy and Trinity Health, serving in the tradition of the Sisters of Mercy, was established in 1991 as the first parish nurse program in Southwestern Pennsylvania. The program integrates faith and health, and has served more than 4,100 health care professionals and laypersons who volunteer in their faith communities, and has commissioned more than 520 faith community nurses and health ministers through the “Foundations of Faith Community Nursing” preparation course. To learn more about the Pittsburgh Mercy Parish Nurse & Health Ministry Program, or to make a donation in support of its important work in the community, visit www.pittsburghmercy.org.

About Pittsburgh Mercy
Pittsburgh Mercy is a person-centered, population-based, trauma-informed community health and wellness provider. It is the region’s only Certified Community Behavioral Health Clinic (CCBHC) and Integrated Community Wellness Center. We reach out and offer help – and hope – to some of our community’s most vulnerable populations: people who have physical and behavioral health challenges; people with intellectual disabilities; and people who are experiencing addiction, homelessness, abuse, and other forms of trauma. Our mission is to be a compassionate and transforming, healing presence within our communities. Pittsburgh Mercy is a member of Trinity Health and serves in the tradition of the Sisters of Mercy. With annual operating revenue of $112 million, Pittsburgh Mercy is one of the largest health and human service nonprofit organizations and employers in Southwestern Pennsylvania. We serve more than 33,000 people annually in 60+ locations and employ 1,200 colleagues. For more information or to make a donation in support of our mission, visit www.pittsburghmercy.org.

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