



FOR IMMEDIATE RELEASE
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**PITTSBURGH MERCY
WELCOMES NEW CHILD & ADOLESCENT PSYCHIATRIST**
Now accepting referrals for child & adolescent mental health services

PITTSBURGH (August 17, 2021) – To meet increased community need for child and adolescent mental health services, [Pittsburgh Mercy](http://PittsburghMercy.org), a community health and wellness provider, is pleased to welcome **Nevine Estaphan, MD**, a board-certified psychiatrist. Dr. Estaphan specializes in helping children and adolescents, ages 5 through 18 years, lead healthy, successful lives in the community.

Starting August 16, 2021, Dr. Estaphan will be available to see children, adolescents, and young adults for mental health assessments and medication management appointments at Pittsburgh Mercy, 1200 Reedsdale Street, Pittsburgh, PA 15233 (North Shore).

Dr. Estaphan is certified by the American Board of Psychiatry and Neurology, and is Board Eligible for Child and Adolescent Psychiatry as of July 2019. She earned her doctor of medicine degree at Cairo University School of Medicine in Egypt.

Dr. Estaphan is a graduate of the West Virginia University School of Medicine, Department of Behavioral Medicine and Psychiatry where she completed the General Residency Program as well as a fellowship in the child and adolescent psychiatry. She served as chief resident. Dr. Estaphan has a strong passion to work with children, adolescents, and their families, with a special interest in working with children who have a history of complex trauma and adverse childhood experiences. Dr. Estaphan founded the ReACT Clinic (Resilience After Complex Trauma Clinic) at Chestnut Ridge, Department of Behavioral Medicine and Psychiatry, West Virginia University. She is also a member of the American Psychiatric Association and the American Academy of Child and Adolescent Psychiatry, as well as an adjunct faculty member at West Virginia University.

Dr. Estaphan has received multiple honors and awards and has authored numerous publications and presentations. She is also an accomplished guest speaker and is fluent in English, Arabic, and French. Dr. Estaphan is a member of the American Medical Association (AMA), American Psychiatric Association (APA), and the American Academy of Child and Adolescent Psychiatry (AACAP).

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Dr. Estaphan believes “we need our roots to grow and branch.” She explains, “Sometimes we just cannot change our roots or replace a broken one, but we can always work together to support and heal these injured ones to help them grow and blossom. Children with complex trauma and adverse childhood experiences deserve all opportunities of healing and growing. Advocating and supporting these children are my strongest passions and goals as a child and adolescent psychiatrist.”

Pittsburgh Mercy Chief Medical Officer Dr. Todd Wahrenberger remarked, “Pittsburgh Mercy is excited to have Dr. Estaphan join the care team to increase access to psychiatric services for children and adolescents in Allegheny County. Welcome, Dr. Estaphan!”

To schedule an appointment or make a referral, please call 412-323-8026.

For more information about child and adolescent services at Pittsburgh Mercy, please visit www.pittsburghmercy.org.

About Pittsburgh Mercy

Pittsburgh Mercy is a person-centered, population-based, trauma-informed community health and wellness provider and the region’s only Certified Community Behavioral Health Clinic (CCBHC). We reach out and offer help — and hope — to some of our communities’ most vulnerable populations: people who have physical and behavioral health challenges; intellectual disabilities; and people who are experiencing addiction, homelessness, abuse, and other forms of trauma. Our mission is to be a compassionate and transforming, healing presence within our communities. Pittsburgh Mercy is a member of Trinity Health and serves in the tradition of the Sisters of Mercy. With annual operating revenue of \$110 million, Pittsburgh Mercy is one of the largest health and human service nonprofit organizations and employers in Southwestern Pennsylvania. We serve more than 33,000 people annually in 60+ locations and employ 1,200 colleagues. For more information or to make a donation in support of our mission, please visit www.pittsburghmercy.org.

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Editor’s note: Dr. Estaphan’s photo is attached.