

Pittsburgh Mercy Parish Nurse & Health Ministry Program Offering



Health Ministry Virtual Meetings... Peer Support, Learning & Conversation

(3rd Tuesday evening of every month at 7:00 pm ET)

Goal: To emphasize the importance of networking, fellowship, learning, and peer support for faith community nurses and health ministers as they assist their congregations and local community to better health and well-being.

Target Audience: Faith Community Nurses, Health Ministers, Registered Nurses, Licensed Practical Nurses, Clergy/Laity, and anyone interested in learning about *wholistic care* (whole-person health) as we commit to health advocacy and education of others.

2021 Dates: February 16, March 16, April 20, May 18, June 15, September 21, October 19, and November 16.

A Saturday session on March 20th at 11:00 am ET will be offered (same presentation as March 16th; registration deadline is also on March 16th at 3:00 pm ET). Each session last one hour. These virtual offerings are at no cost. No preparation is needed by participants.

Content Discussion: Focusing on the intentional care of the spirit, the promotion of whole-person health, the prevention of disease, creative ministry programming, and current challenges in ministry, each monthly session will invite participants to a specific topic of interest. One of our Health Ministry Specialists from the Pittsburgh Mercy Parish Nurse Team will facilitate and will present a brief learning activity such as a PowerPoint presentation, a video clip, a short article, or a case study. There will be time for Q&A by using peer discussion and brainstorming. Depending upon the number of participants, the facilitator will use virtual break-out rooms for small group discussion to occur. Participants will also receive educational tools and resources to be added to our health ministry "toolbox" for future use with clients and healthcare consumers. Each participant will be asked to complete an evaluation within 10 days after the session. Participants can suggest topics of interest for future virtual sessions, or contact the Pittsburgh Mercy Parish Nurse Ministry Team for a follow-up virtual mentoring session.

Tips about Our Time Together

- ◆ Allow time and space for expression of ideas, suggestions & concerns
- ◆ Questions are encouraged... there is no foolish question
- ◆ No need to be present at every session
- ◆ Doesn't matter if you are a novice or expert
- ◆ Safe, non-threatening learning environment
- ◆ No cost for sessions or provided written materials

Registration must include:

- 1) First & last name
- 2) Date & time of desired session
- 3) Email address
- 4) Phone number
- 5) Role/title and name of faith community and/or organization

Let each of you look not only to his own interests, but also to the interests of others.

Philippians 2:4 NIV

Registration is required in order for each participant to receive the Zoom link, meeting ID, password, and agenda. Dial-in option is available. Registration deadline is by 3:00 p.m. ET (Eastern Time in US and Canada) on the date of your choice. Space is limited, so early registration is suggested. For questions or to register send email to ParishNurse@pittsburghmercy.org or call **412.232.5815** and leave a clear and detailed message.