To Hear One Another

The ringing of a bell calls us to worship.
The pounding of a drum calls us to war.
The popping of a cork calls us to celebration.
What is the sound that calls us to hear one another?
...The beating of our own hearts...

Listen...Listen carefully...
It is here; in the silence...Listen deeply...
The beating of our own hearts calls us to ourselves;
Calls us to be our true selves;
Calls us to be what we might become.

Listen...There is another sound...
The breath of our neighbor calls us outside ourselves;
Calls us to be companions;
Calls us to be allies;
Calls us to be partners.

Listen...We must heed the call of our own hearts,
Where love and truth, caring and justice are born.

Listen...we must heed the call of others,
To gather together for some great purpose,
Where passion and fidelity, compassion and equity are nourished.

The hammering silence calls us together
That we may do the work we cannot do alone.
Let us heed the call that come in silence,
That we may be well, and do good, in this world together.

By L. Annie Foerster
For Praying Out Loud: Interfaith Prayers for Public Occasions 2003
ISBN 1-55896-150-9
Join Us: Enroll in the Fall Course Today!

- Class size is limited to 20 participants.
- Registration must be postmarked by September 11, 2017.
- Cost: $395 for RNs inclusive of CEs.
- Cost: $200 for non-RNs.
- Pittsburgh Mercy employee discount.
- Hybrid course: online modules and on-site classes.
- Limited, partial scholarships are available upon request.
- Location: UPMC Mercy, Uptown.
- Free parking and continental breakfast.
- Call our office for our church group rate of 3 or more.

Mercy Parish Nurse & Health Ministry Program
412-232-5815
ParishNurse@pittsburghmercy.org

Faith Community Nursing is a recognized nursing specialty by the American Nursing Association.

"The primary focus of the Faith Community Nurse is the intentional care of the spirit, differentiating this specialty practice from the general practice of the registered nurse."

ANA/HMA, 2012 (Scope and Standards of Practice: Faith Community Nursing, 2nd Ed.)

The Faith Community Nurse and the Health Minister have a purposeful role as: Health Advisor; Educator; Advocate; Liaison to Resources; Teacher of Volunteers; Developer of Support Groups & Healer of Body, Mind and Spirit.

Pittsburgh Mercy Fact Sheet, 2017
Health Ministry Workshops

Reap a Greater Harvest this Fall: Grow Your Team

Empower and educate your health ministry team. Increase communication, collaboration and productivity. Are you seeking fresh ideas to revive your strategy or programming? Do you need to energize your team? Do you need to heighten participation and outcomes?

We are here for you.

Contact us at the Mercy Parish Nurse and Health Ministry Program to conduct a presentation or workshop at your church. We will customize the topic and training for your church, leadership, and congregational needs.

412.232.5815 or ParishNurse@pittsburghmercy.org

Blessing of the Hands Dedication Ceremony

A Beautiful Kick-Off for your Health Ministry Team

A wonderful way to begin a new season of service and ministry to those in need: have a “Blessing of the Hands” Ceremony for your Faith Community Nurses and Health Ministry Volunteers. It is an excellent way to recognize, encourage and inspire volunteers to serve your church family. Using God-given talents and time, each participant can grasp the vision, passion and reward for this worthy venue of ministry. The ceremony demonstrates to our faith communities that working together, we have the strength to make a difference, meet needs, and accomplish health team goals.

Visit the following link for more information and ideas for creating a

“Blessing of the Hands” ceremony: http://ncf-jcn.org/resources/blessing-hands

For purchase of Health Minister pins, visit Mercy parish Nurse Online Store at:

https://www.pittsburghmercy.org/parish-nurse-program/parish-nurse-store.aspx

“Share with the Lord’s people who are in need. Practice hospitality”.

Romans 12:13 NIV
Loving Jesus More
Author: Phil Ryken

Are you overwhelmed by those in need?
Are you out of time?
Have you exhausted your patience?
How can you possibly care for others when you can barely care for yourself?
How can you serve others when you are empty and weary?
Do you need restoration or renewed passion for ministry?

We recommend this short, but powerful book as a quick, easy, concise read with rich content for thought, reflection, and personal growth. How do we love others? What steps do we take? What formula do we use to truly engage with those in need? Phil Ryken offers a simple but profound way to love others, while maturing in personal faith and spiritual journey by Loving Jesus More.

Recognizing God’s love for us is the foundation for our love for Him. Out of this love comes the ability to love others. Grasping the shocking honesty of the gospel, we find hope and direction. Within the brief chapters, discover the source of perfect love, divine love’s actions, what tests love, what happens when we do not love, and what pure love can be.

Be filled, moved, challenged, and inspired as you consider God’s love. Rethink your words, actions, and motivation in light of God’s extravagant love. Move from doubt and despair to assurance and zeal to love others as an outpouring of your love for Jesus. Cease being an empty, dry vessel, deplete of concern and care. Become a vibrant conduit of compassion, flowing from the eternal source in Jesus.

Are You Practicing Trauma-Informed Care?

Trauma-informed care (TIC) is an evidence-based healthcare approach that recognizes and responds to the long-term effects of trauma experiences in the lives of congregants. Life trauma leads to lifestyle practices and risk exposure leading to further harm and chronic disease. In her informative article, Trauma-Informed Care: Helping Patients with a Painful Past, Cathy Koetting, DNP, APRN, shares the prevalence of trauma and the vast detriments from physical, emotional, and/or sexual abuse on life choices and behavior. Practicing TIC is a learned skill, providing focused care. To view the entire article, visit: http://journals.lww.com/journalofchristiannursing/Fulltext/2016/10000/Trauma_Informed_Care__Helping_Patients_with_a.8.aspx

For more information on Trauma-informed care and ‘Vicarious Trauma’ visit Fact Sheet #9 from the American Counseling Association at: https://www.counseling.org/docs/trauma-disaster/fact-sheet-9---vicarious-trauma.pdf

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” Leo Buscaglia - Inspirational Author
Electronic Documentation System for Faith Community Nurses
from the Mercy Parish Nurse and Health Ministry Program

This user-friendly electronic program was designed by FCNs, rigorously tested by FCNs, and is now in use by FCNs nationally. This documentation system offers the following:

* **Documents client problems easily** by using a concise list built-in to the system with drop-down boxes (physical, mental, spiritual, social, financial and relational areas)

* **Rates the problem** initially and at follow-up assessments using a 1-5 scale

* **Demonstrates the outcomes** of your parish nurse interventions creating customized reports with ease

* **Includes many more useful features!**

Read more from the linked article in IPNRC’s Perspectives

**Contact us!**
To receive a link to download the demo version or to set up an online meeting where we can personally demonstrate the system, email or call us.

ParishNurse@pittsburghmercy.org  412-232-5815

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**2017 Health Ministries Association (HMA) National Conference**

*The Sacred Practice of Caring: Working Together for Healthier Communities*

**September 11—13, 2017**
St. Elizabeth Training and Educational Center
Erlanger, KY

For more information, visit
http://hmassoc.org/news-events/upcoming-conference/

**Our Email Address!**
ParishNurse@pittsburghmercy.org

We enjoy hearing from our E-Newsletter readers about your church ministries. Send an email with a short description of your church event and we will include it in our section “News from You!” If you like, include a photo of you at your event.

If you should no longer wish to receive communications from the Mercy Parish Nurse and Health Ministry Program, please unsubscribe by contacting us at 412.232.5815 or email us at: ParishNurse@pittsburghmercy.org  Thank you.
**NEWS FROM YOU!**

Nurses Christian Fellowship

Nurses Christian Fellowship (NCF) is a professional and ministry organization working to bring God’s healing to nursing and healthcare. NCF offers support to nurses, educators, and students to fulfill God’s calling in their lives.

Fellowship, networking, support and prayer are shared as group learning focuses around a relevant article from the *Journal of Christian Nursing*, by review and large group discussion.

The Pittsburgh Chapter is meeting Monday, November 6, 2017, 6:30—8pm at the Southpointe site of Waynesburg University. If interested in participating in this growing local Chapter, contact Lina Hixson at linahixson1@gmail.com

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**Healthy People 2020**

**Overarching Goals**

- Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups.
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development, and healthy behaviors across all life stages.

To learn more, visit: [https://www.healthypeople.gov/2020/About-Healthy-People](https://www.healthypeople.gov/2020/About-Healthy-People)

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**Symposium Opportunity**

‘Share Your Ministry’ Display Tables

Have a great Health Ministry?

Have an exciting Faith Community Nurse Project?

You are invited to Display Your Ministry at our

**Fall Symposium, Saturday, October 28, 2017.**

*Call to reserve your display table.*

Share the fruits of your service—prayer shawls, care baskets, support groups’ agendas, strategies and projects - by creating a table display of your church ministry.

If interested, contact Amy Armanious at 412.232.7151 or AArmanious@pittsburghmercy.org

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**Pursuing a God Who Beckons:**

Pilgrimage toward a whole spiritual relationship

This article by Karen Klein illustrates how the journey itself is the medium for personal wholeness, starting with a deepening relationship with the God who calls us. A pilgrimage is about a spiritual discovery — inner transformation that leads to connection with God, community and self.

To access the entire article, visit the ChurchHealth Reader at [http://chreader.org/pursuing-god-beckons/](http://chreader.org/pursuing-god-beckons/)

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**Faith Community Nursing Scope and Standards of Practice 3rd Edition**

**COMING SOON!**

Printed books and electronic copies will be available soon.

For more information: [https://hmassoc.org/resources/hma-publications/](https://hmassoc.org/resources/hma-publications/)

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**Follow us @PghMercy**

#ParishNurses
Health Observances
http://www.healthfinder.gov/nho/default.aspx
See all monthly observances and tool kits too!

Fruits & Veggies—More Matters ® Month
National Atrial Fibrillation Awareness Month
National Childhood Obesity Awareness Month
National Pediculosis Prevention Month/Head Lice Prevention Month
Ovarian Cancer Awareness Month
World Alzheimer’s Month
10 - 16 National Suicide Prevention Week
20 National School Backpack Awareness Day
22 Falls Prevention Awareness Day
24 Family Health & Fitness Day USA ®
25 National Women’s Health & Fitness Day
29 World Heart Day

Domestic Violence Awareness Month
Eye Injury Prevention Month
Health Literacy Month
National Breast Cancer Awareness Month
National Bullying Prevention Month
National Dental Hygiene Month
National Down Syndrome Awareness Month
Sudden Infant Death Syndrome (SIDS) Awareness Month
2 - 8 Mental Illness Awareness Week
21 National Check Your Meds Day

American Diabetes Month
COPD Awareness Month
Diabetic Eye Disease Month
Lung Cancer Awareness Month
National Alzheimer’s Disease Awareness Month
National Family Caregivers Month
National Hospice and Palliative Care Month
Stomach Cancer Awareness Month
16 Great American Smokeout
19 International Survivors of Suicide Day

“Those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”
Isaiah 40:31(NIV)
25th Annual Pittsburgh Mercy Parish Nurse and Health Ministry Symposium
Saturday, October 28, 2017  9:00 a.m. to 1:45 p.m.

Celebrating Health Ministry—Our Past, Present and Future
Sister M. Ferdinand Clark Auditorium
UPMC Mercy
1400 Locust Street
Pittsburgh, PA 15219

“Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.”
Romans 12:11 (NIV)

Overview:
This symposium will focus on the history and legacy of the faith community nursing and health ministry movement, the present and how faith community nurses and health ministers serve important roles in their faith communities, and how the future will shape the opportunities for those involved in faith community nursing and health ministry. Discussion will be facilitated regarding the roots of health ministry, the rewards of service, and the dynamic vision for the future of health ministry. Faith community nursing and health ministry stands on the frontline of well-being and healing for many at risk in today’s health care environment.

The symposium will explore important health care trends of wholistic care, cultural competency, diversity appreciation, complex community needs, addiction, pain management and behavioral health. Health ministry is an integral avenue for providing education, resources, networking, and support. Due to various societal challenges, people are turning to faith community nurses and health ministers to learn more about spiritual health and whole-person care.

Objectives: Upon completion of the symposium, participants will be able to:

- Describe three historical mileposts of the faith-health movement.
- Explain events that have positively influenced Health Ministries and the Faith Community Nursing practice.
- Identify emerging trends in health ministry and spiritual care.

Target Audience:
Parish and faith community nurses; registered nurses; clergy; health, pastoral, and social ministers; physicians; health and social service professionals; licensed professional counselors; health care educators; nursing students; seminarians; and others interested in promoting whole-person health.

The symposium provides continuing education, resources, and networking opportunities to individuals who are interested in starting or enhancing health ministries in their faith communities, as well as the general public.
Goals of the Symposium:

- Focus on past history of health ministries
- Describe strategies for positive outcomes in health ministry
- Explore current trends of health ministry
- Explore our vision for future health ministries and spiritual care.

Continuing Education Contact Hours:

Three continuing education (CE) credits will be provided to registered nurses who attend. The University of Pittsburgh Medical Center (UPMC) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC). Participants who attend the entire session and complete an evaluation form will be awarded a certificate and three continuing education credits. UPMC and ANCC do not endorse any commercial products as a result of the CE activity.

Cost:

The cost is $40 for registered nurses who wish to receive continuing education credits, $30 for those who do not wish to receive continuing education credits, and $20 for undergraduate nursing students, seminarians, religious, and clergy. Brunch and free parking in the UPMC Mercy’s Locust Street Parking Garage (entrance located at Locust and Stevenson streets) will be provided to all participants.

Speaker Biography:

Marlene Feagan, president of Health Ministries Association Inc., is the guest speaker. Her topic will be “Celebrating Health Ministry – Our Past, Present, and Future.” As her credentials indicate, she has worked in the past, been involved in the present, and is preparing for the future of health ministry.

Feagan is the health ministries coordinator for St. Elizabeth Healthcare in Northern Kentucky, where she has worked for more than 30 years. In 1997, she developed and implemented the Parish Nursing/Health Ministries Program to establish a wholistic wellness and prevention program serving area faith communities. In 2006, she extended the program to provide health ministry services in several community-based sites to provide care to the underserved.

A native of Northern Kentucky, Feagan earned a master’s degree in pastoral studies from the College of Mount St. Joseph in 1998. She completed a certificate in gerontology from the University of Kentucky’s Sanders-Brown School on Aging in 2001. She developed the Community Based Geriatric Care Management Program, a unique faith-based, medical model program, for St. Elizabeth in 2002.

She has served the Health Ministries Association, Inc. – both locally and nationally – in a number of positions. Feagan is serving a second term as president of the organization and is co-chair for the 2017 Health Ministries Conference. She has served on the work group of the Scope and Standards of Practice for Faith Community Nursing for the last two publications. Feagan has also served as a local, regional and national speaker and writer on topics that include interest for the faith and health movement, spirituality, spirituality in nursing, older adult issues, diversity, collaborative approaches to meeting community health needs, and the specialty of Faith Community Nursing.

Registration is accepted by U.S. mail only. Seating capacity is limited. Early registration is encouraged. Registration ends Friday, October 13, 2017. For more information: contact the Mercy Parish Nurse and Health Ministry Program at 412-232-5815 or email ParishNurse@pittsburghmercy.org.
REGISTRATION FORM

25th Annual Mercy Parish Nurse and Health Ministry Symposium

A part of Pittsburgh Mercy and Trinity Health, serving in the tradition of the Sisters of Mercy

Celebrating Health Ministry—Our Past, Present, and Future

Saturday, October 28, 2017 • 9 a.m. to 1:45 p.m.

Instructions: Please send completed registration form along with a check made payable to the Mercy Parish Nurse and Health Ministry Program by October 13 to:

Mercy Parish Nurse and Health Ministry Program

Mercy Health Center

1515 Locust Street, Suite 705

Pittsburgh, PA 15219-5154

Name __________________________________________________________________________

First Name ___________ Middle Initial _______ Last Name ________

Address __________________________________________________________________________

City __________________________ State _______ ZIP __________ Telephone ___________

Email Address __________________________________________________________________________

Name of Church or Organization _______________________________________________________________________

Address __________________________________________________________________________

City __________________________________________________________________________ State _______ ZIP __________

Denomination _______________________________________________________________________

Your role within your church/organization (please check all that apply):

__ Clergy
__ Member/attendee
__ Health ministry coordinator RN
__ Coordinator health minister
__ Faith community nurse (volunteer)
__ Faith community nurse (salaried)
__ Health Minister
__ Social minister
__ Social worker
__ Nursing student
__ Volunteer
__ Pittsburgh Mercy employee
__ Seminarian
__ Other ___________________
REGISTRATION FORM (continued)

25th Annual Mercy Parish Nurse and Health Ministry Symposium

Are you a board–certified faith community nurse (RN-BC)? __ Yes __ No

If Yes, year of certification ______

Are you a member of the Health Ministries Association, Inc.? __ Yes __ No

Do you have any dietary restrictions and/or require special accommodations in order to attend?

Yes (please explain):
________________________________________________________________________________________________
________________________________________________________________________________________________

I am a RN and am applying for nursing education credits (CEs)? __ Yes __ No

Please read the statements below and check all that apply.

☐ I permit you to publish my name and the name of the organization I represent on my nametag and in the symposium participant listing.

☐ I would like to receive information periodically about continuing education opportunities from Mercy Parish Nurse and Health Ministry Program and Pittsburgh Mercy.

☐ I would like to receive your free monthly E-Newsletter, The Faith Connection. Please add me to your mailing list.

☐ I prefer not to be contacted.

NOTE: The Mercy Parish Nurse and Health Ministry Program and Pittsburgh Mercy do not sell or otherwise share information with third-party vendors. You reserve the right to revoke your permission at any time.

For more information, contact the Mercy Parish Nurse and Health Ministry Program at 412.232.5815 or email ParishNurse@pittsburghmercy.org.

PRESENTED BY THE MERCY PARISH NURSE AND HEALTH MINISTRY PROGRAM
PART OF TRINITY HEALTH, SERVING IN THE TRADITION OF THE SISTERS OF MERCY

https://www.pittsburghmercy.org/